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## Conscious Consumption series offers tips for environmentally friendly lifestyles

Vancouver, Wash. – Clark County Public Health is teaming up with Fort Vancouver Regional Libraries for a free educational series highlighting environmentally friendly lifestyles.

Public Health's Green Neighbors, Green Schools and Composter Recycler programs, along with several other community organizations, are partnering with Fort Vancouver Regional Libraries and Cascade Park Community Library to offer the Conscious Consumption series. The series features workshops and events for residents of all ages to learn about sustainability topics, including food waste reduction, worm bin composting, sustainable fashion, and crafting with recycled materials.

Join Public Health at the Cascade Park Community Library, 600 NE 136<sup>th</sup> Ave., for the following events:

- **Consumption Consequences Board Game for Teens:** 2-3 pm Saturday, Feb. 25. Green Neighbors and Green Schools programs invite teens 12-19 years old to play a fun board game that educates about the environmental impacts of common purchases.
- **Recycle 101:** 2-3 pm Saturday, March 4. Green Neighbors and partners at the city of Vancouver explain what items can be recycled in blue curbside carts and what happens to the items after they're picked up.
- **Worm Bin Composting:** 2-3 pm Saturday, March 25. Composter Recycler experts teach participants how to compost at home using red worms, turning food scraps into all-natural fertilizer. Participants will receive supplies for their own worm bin.
- **Worm Bin Exploration and Decomposer Bingo:** 2-3 pm Saturday, April 15. Green Schools team hosts an interactive bingo game that allows children to get up close and personal with the invertebrates that help break down waste, including red worms, spiders and centipedes.
- **Trashion Show:** 2-3 pm Saturday, May 13. Youth 12-19 years old can create a wearable garment or accessory for the Trashion Show runway or submit artwork for a gallery show. All entries must be made from reused or recycled materials. All ages are welcome to attend the show. [Registration is required](#) for teens submitting garments, accessories or artwork for the show.

Visit the [Fort Vancouver Regional Libraries event calendar](#) for a complete list of upcoming Conscious Consumption events, including sessions that teach participants how to use a sewing machine, hand sew, and craft with recycled items.

To learn more about recycling, composting and reducing waste at home, visit the [Green Neighbors website](#).

For other formats, contact the Clark County ADA Office 564.397.2322 / 711 or 800.833.6388 / [ADA@clark.wa.gov](mailto:ADA@clark.wa.gov)